



A member of SSM Health

Dean Advantage Essential (HMO) offered by Dean Health Plan

Annual Notice of Changes for 2023

You are currently enrolled as a member of Dean Advantage Essential. Next year, there will be changes to the plan's costs and benefits. *Please see page 4 for a Summary of Important Costs, including Premium.*

This document tells about the changes to your plan. To get more information about costs, benefits, or rules please review the *Evidence of Coverage*, which is located on our website at deancare.com/medicareadvantagemembers. You may also call the Customer Care Center to ask us to mail you an *Evidence of Coverage*.)

- **You have from October 15 until December 7 to make changes to your Medicare coverage for next year.**
-

What to do now

1. ASK: Which changes apply to you

- Check the changes to our benefits and costs to see if they affect you.
 - Review the changes to Medical care costs (doctor, hospital).
 - Review the changes to our drug coverage, including authorization requirements and costs.
 - Think about how much you will spend on premiums, deductibles, and cost sharing.
- Check the changes in the 2023 Drug List to make sure the drugs you currently take are still covered.
- Check to see if your primary care doctors, specialists, hospitals and other providers including pharmacies will be in our network next year.
- Think about whether you are happy with our plan.

2. COMPARE: Learn about other plan choices

- Check coverage and costs of plans in your area. Use the Medicare Plan Finder at www.medicare.gov/plan-compare website or review the list in the back of your *Medicare & You 2023* handbook.
- Once you narrow your choice to a preferred plan, confirm your costs and coverage on the plan's website.

3. CHOOSE: Decide whether you want to change your plan

- If you don't join another plan by December 7, 2022, you will stay in **Dean Advantage Essential**.
- To change to a **different plan**, you can switch plans between October 15 and December 7. Your new coverage will start on **January 1, 2023**. This will end your enrollment with Dean Advantage Essential.
- If you recently moved into, currently live in, or just moved out of an institution (like a skilled nursing facility or long-term care hospital), you can switch plans or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time.

Additional Resources

- Please contact the Customer Care Center number toll-free at 1-877-232-7566 for additional information. (TTY users should call 711.) Hours are 8 am to 8 pm, seven days per week. However, please note that our automated phone system may answer your call during all Federal holidays and weekends from April 1 to September 30. Please leave your name and telephone number, and we'll call you back by the end of the next business day.
- The Customer Care Center has free language interpreter services available for non-English speakers.
- This information is available for free in other formats. Please call the Customer Care Center if you need plan information in another format.
- **Coverage under this Plan qualifies as Qualifying Health Coverage (QHC)** and satisfies the Patient Protection and Affordable Care Act's (ACA) individual shared responsibility requirement. Please visit the Internal Revenue Service (IRS) website at www.irs.gov/affordable-care-act/individuals-and-families for more information.

About Dean Advantage Essential

- Dean Health Plan, Inc is a HMO/HMO-POS with a Medicare contract. Enrollment in Dean Health Plan, Inc. depends on contract renewal. Dean Health Plan markets under the names Dean Advantage and Prevea360 Medicare Advantage.
- When this document says "we," "us," or "our," it means Dean Health Plan. When it says "plan" or "our plan," it means Dean Advantage Essential.

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Summary of Important Costs for 2023

The table below compares the 2022 costs and 2023 costs for Dean Advantage Essential in several important areas. **Please note this is only a summary of costs.**

| Cost | 2022 (this year) | 2023 (next year) |
|--|--|--|
| <p>Monthly plan premium*</p> <p>*Your premium may be higher than this amount. See Section 1.1 for details.</p> <p>(You must also continue to pay your Medicare Part B premium.)</p> | \$0 | \$0 |
| <p>Maximum out-of-pocket amount</p> <p>This is the <u>most</u> you will pay out-of-pocket for your covered Part A and Part B services. (See Section 1.2 for details.)</p> | \$6,500 for in-network services | \$5,500 for in-network services |
| <p>Doctor office visits</p> | <p>Primary care visits:</p> <p>You pay \$0 copay per visit</p> <p>Specialist visits:</p> <p>You pay \$50 copay per visit</p> | <p>Primary care visits:</p> <p>You pay \$0 copay per visit</p> <p>Specialist visits:</p> <p>You pay \$50 copay per visit</p> |

| Cost | 2022 (this year) | 2023 (next year) |
|---|---|---|
| <p>Inpatient hospital stays</p> | <p>You pay \$350 copay each day for days 1 - 5</p> <p>You pay \$0 each day for days 6 to discharge</p> <p>Cost-sharing is applied for each inpatient stay.</p> <p>You are covered for an unlimited number of medically necessary inpatient hospital days.</p> | <p>You pay \$350 copay each day for days 1 - 5</p> <p>You pay \$0 each day for days 6 to discharge</p> <p>Cost-sharing is applied for each inpatient stay.</p> <p>You are covered for an unlimited number of medically necessary inpatient hospital days.</p> |
| <p>Part D prescription drug coverage (See Section 1.5 for details.)</p> <p>You pay \$30 per prescription at preferred pharmacies and \$35 per prescription at standard retail pharmacies for insulins covered by our formulary.</p> <p>To find out which insulins are covered, review the most recent Drug List we provided electronically. If you have questions about the Drug List, you can also call the Customer Care Center.</p> | <p>Deductible: \$250 applies to Tier 3, Tier 4 and Tier 5</p> <p>Copayment/Coinsurance as applicable during the Initial Coverage Stage:</p> <p>• Drug Tier 1:</p> <p>Standard Cost-sharing: You pay \$7 per prescription</p> <p>Preferred Cost-sharing: You pay \$0 per prescription</p> | <p>Deductible: \$250 applies to Tier 3, Tier 4 and Tier 5</p> <p>Copayment/Coinsurance as applicable during the Initial Coverage Stage:</p> <p>• Drug Tier 1:</p> <p>Standard Cost-sharing: You pay \$7 per prescription</p> <p>Preferred Cost-sharing: You pay \$2 per prescription</p> |

| Cost | 2022 (this year) | 2023 (next year) |
|------|---|---|
| | <ul style="list-style-type: none"> • Drug Tier 2: <p>Standard Cost-sharing: You pay \$12 per prescription</p> <p>Preferred Cost-sharing: You pay \$5 per prescription</p> | <ul style="list-style-type: none"> • Drug Tier 2: <p>Standard Cost-sharing: You pay \$15 per prescription</p> <p>Preferred Cost-sharing: You pay \$10 per prescription</p> |
| | <ul style="list-style-type: none"> • Drug Tier 3: <p>Standard Cost-sharing: You pay \$47 per prescription</p> <p>Preferred Cost-sharing: You pay \$40 per prescription</p> | <ul style="list-style-type: none"> • Drug Tier 3: <p>Standard Cost-sharing: You pay \$47 per prescription</p> <p>Preferred Cost-sharing: You pay \$42 per prescription</p> |
| | <ul style="list-style-type: none"> • Drug Tier 4: <p>Standard Cost-sharing: You pay \$100 per prescription</p> <p>Preferred Cost-sharing: You pay \$90 per prescription</p> | <ul style="list-style-type: none"> • Drug Tier 4: <p>Standard Cost-sharing: You pay \$100 per prescription</p> <p>Preferred Cost-sharing: You pay \$95 per prescription</p> |
| | <ul style="list-style-type: none"> • Drug Tier 5: <p>Standard Cost-sharing: You pay 28% of the total cost</p> <p>Preferred Cost-sharing: You pay 28% of the total cost</p> | <ul style="list-style-type: none"> • Drug Tier 5: <p>Standard Cost-sharing: You pay 29% of the total cost</p> <p>Preferred Cost-sharing: You pay 29% of the total cost</p> |

| Cost | 2022 (this year) | 2023 (next year) |
|------|--|--|
| | <ul style="list-style-type: none"> • Drug Tier 6: Standard Cost-sharing: You pay \$0 per prescription Preferred Cost-sharing: You pay \$0 per prescription | <ul style="list-style-type: none"> • Drug Tier 6: Standard Cost-sharing: You pay \$0 per prescription Preferred Cost-sharing: You pay \$0 per prescription |

To find out which insulins are covered, review the most recent Drug List we provided electronically. If you have questions about the Drug List, you can also call the Customer Care Center. (Phone numbers for the Customer Care Center are in Section 7.1 in this document.)

SECTION 1 Changes to Benefits and Costs for Next Year

Section 1.1 – Changes to the Monthly Premium

| Cost | 2022 (this year) | 2023 (next year) |
|---|------------------|------------------|
| Monthly premium (You must also continue to pay your Medicare Part B premium.) | \$0 | \$0 |

- Your monthly plan premium will be *more* if you are required to pay a lifetime Part D late enrollment penalty for going without other drug coverage that is at least as good as Medicare drug coverage (also referred to as “creditable coverage”) for 63 days or more.
- If you have a higher income, you may have to pay an additional amount each month directly to the government for your Medicare prescription drug coverage.

Section 1.2 – Changes to Your Maximum Out-of-Pocket Amount

Medicare requires all health plans to limit how much you pay “out-of-pocket” for the year. This limit is called the “maximum out-of-pocket amount.” Once you reach this amount, you generally pay nothing for covered Part A and Part B services for the rest of the year.

| Cost | 2022 (this year) | 2023 (next year) |
|---|---------------------------------|--|
| <p>Maximum out-of-pocket amount</p> <p>Your costs for covered medical services (such as copays) count toward your maximum out-of-pocket amount. Your plan premium and your costs for prescription drugs do not count toward your maximum out-of-pocket amount.</p> | \$6,500 for in-network services | <p>\$5,500 for in-network services</p> <p>Once you have paid \$5,500 for in-network services out-of-pocket for covered Part A and Part B services, you will pay nothing for your covered Part A and Part B services for the rest of the calendar year.</p> |

Section 1.3 – Changes to the Provider Network and Pharmacy Network

Updated directories are located on our website at deancare.com/medicareadvantagemembers. You may also call the Customer Care Center for updated provider and/or pharmacy information or to ask us to mail you a *directory*.

There are changes to our network of providers for next year. **Please review the 2023 Provider Directory to see if your providers (primary care provider, specialists, hospitals, etc.) are in our network.**

There are changes to our network of pharmacies for next year. **Please review the 2023 Pharmacy Directory to see which pharmacies are in our network.**

It is important that you know that we may make changes to the hospitals, doctors and specialists (providers) and pharmacies that are part of your plan during the year. If a mid-year change in our providers affects you, please contact the Customer Care Center so we may assist.

Section 1.4 – Changes to Benefits and Costs for Medical Services

We are making changes to costs and benefits for certain medical services next year. The information below describes these changes.

| Cost | 2022 (this year) | 2023 (next year) |
|--|---|---|
| Screening for lung cancer with low dose computed tomography (LDCT) | Eligible members are aged 55 – 77 with 30 pack-year history of smoking. | Eligible members are aged 50 – 77 with 20 pack-year history of smoking. |
| Ambulance Services: Emergency Air | You pay \$275 copay | You pay 20% coinsurance |
| Ambulance Services: Non-Emergency Air | You pay \$275 copay | You pay 20% coinsurance |
| Cardiac Rehabilitation Services | You pay \$0 copay | You pay \$30 copay |
| Cardiac Rehabilitation Services: Intensive Cardiac Rehab | You pay \$0 copay | You pay \$30 copay |
| Chiropractic Services: Medicare-Covered | You pay \$15 copay | You pay \$20 copay |
| Chiropractic Services: Routine Care | You pay \$15 copay per visit for 24 visits every calendar year | You pay \$20 copay per visit for 24 visits every calendar year |
| Chiropractic Services: Therapeutic Services | You pay \$15 copay per visit for 6 visits every calendar year | You pay \$20 copay per visit for 6 visits every calendar year |
| Dental: Comprehensive Periodontics | You pay \$95 copay | You pay \$595 copay |
| Emergency Care in the U.S. | You pay \$90 copay | You pay \$110 copay |
| Hearing Services: Medicare-Covered Exam | You pay \$0 copay | You pay \$35 copay |

| Cost | 2022 (this year) | 2023 (next year) |
|--|---|---|
| In-Home Support | You pay \$0 copay per visit for 10 hours every month | You pay \$0 copay per visit for 120 hours yearly |
| Outpatient Diagnostic Tests | You pay \$10 copay | You pay \$5 copay |
| Outpatient Diagnostic Radiology Services | You pay \$100 copay for diagnostic radiology You pay \$0 copay for diagnostic mammograms | You pay \$175 copay for diagnostic radiology You pay \$0 copay for diagnostic mammograms |
| Outpatient Therapeutic Radiology Services | You pay \$35 copay | You pay 20% coinsurance |
| Outpatient Hospital Observation Services | You pay \$300 copay | You pay \$350 copay |
| Outpatient Mental Health Care: Individual Therapy (Psychiatrist) | You pay \$10 copay | You pay \$0 copay |
| Outpatient Mental Health Care: Group Therapy (Psychiatrist) | You pay \$10 copay | You pay \$0 copay |

| Cost | 2022 (this year) | 2023 (next year) |
|--|--|--|
| Outpatient Surgery: Outpatient Hospital | <p>You pay \$300 copay for outpatient hospital surgery</p> <p>You pay \$0 copay for screening colonoscopies that result in biopsy or removal of any growth during the procedure</p> <p>Minor surgical services performed during an office visit will only be charged physician services cost-sharing</p> | <p>You pay \$350 copay for outpatient hospital surgery</p> <p>You pay \$0 copay for screening colonoscopies that result in biopsy or removal of any growth during the procedure</p> <p>Minor surgical services performed during an office visit will only be charged physician services cost-sharing</p> |
| Outpatient Surgery: Ambulatory Surgical Center | <p>You pay \$300 copay for ambulatory surgical center services</p> <p>You pay \$0 copay for screening colonoscopies that result in biopsy or removal of any growth during the procedure</p> <p>Minor surgical services performed during an office visit will only be charged physician services cost-sharing</p> | <p>You pay \$350 copay for ambulatory surgical center services</p> <p>You pay \$0 copay for screening colonoscopies that result in biopsy or removal of any growth during the procedure</p> <p>Minor surgical services performed during an office visit will only be charged physician services cost-sharing</p> |
| Part B Drugs - Others | <p>You pay 20% coinsurance for intravenous, subcutaneous, and biological Part B drugs</p> <p>You pay \$0 - \$47 copay for Part B prescription drugs received in the pharmacy</p> | <p>You pay 20% coinsurance for intravenous, subcutaneous, and biological Part B drugs</p> <p>You pay \$2 - \$47 copay for Part B prescription drugs received in the pharmacy</p> |

| Cost | 2022 (this year) | 2023 (next year) |
|---|---|---|
| Partial Hospitalization Services | You pay \$50 copay | You pay \$70 copay |
| Pulmonary Rehabilitation Services | You pay \$0 copay | You pay \$20 copay |
| Skilled Nursing Facility | <p>You pay \$0 copay each day for days 1 - 20</p> <p>You pay \$184 copay each day for days 21 - 100</p> <p>Cost-sharing is applied per benefit period.</p> <p>Coverage is limited to 100 days per benefit period.</p> | <p>You pay \$0 copay each day for days 1 - 20</p> <p>You pay \$196 copay each day for days 21 - 100</p> <p>Cost-sharing is applied per benefit period.</p> <p>Coverage is limited to 100 days per benefit period.</p> |
| Supervised Exercise Therapy for Peripheral Arterial Disease | You pay \$0 copay | You pay \$30 copay |
| Vision Care: Medicare-Covered Exam | You pay \$0 copay | You pay \$35 copay |
| Vision Care: Eyewear Allowance | We cover \$200 every calendar year | We cover \$150 every calendar year |
| Worldwide Emergency Coverage | <p>You pay \$90 copay</p> <p>Annual Limit for Worldwide Care services: No Limit</p> | <p>You pay \$110 copay</p> <p>Annual Limit for Worldwide Care services: No Limit</p> |

| Cost | 2022 (this year) | 2023 (next year) |
|---------------------------|--------------------|---------------------|
| Worldwide Urgent Coverage | You pay \$90 copay | You pay \$110 copay |

Section 1.5 – Changes to Part D Prescription Drug Coverage

Changes to Our Drug List

Our list of covered drugs is called a Formulary or “Drug List.” A copy of our Drug List is provided electronically. **You can get the *complete Drug List*** by calling the Customer Care Center (see Section 7.1) or visiting our website deancare.com/medicareadvantagemembers.

We made changes to our Drug List, including changes to the drugs we cover and changes to the restrictions that apply to our coverage for certain drugs. **Review the Drug List to make sure your drugs will be covered next year and to see if there will be any restrictions.**

Most of the changes in the Drug List are new for the beginning of each year. However, during the year, we might make other changes that are allowed by Medicare rules. For instance, we can immediately remove drugs considered unsafe by the FDA or withdrawn from the market by a product manufacturer. We update our online Drug List to provide the most up to date list of drugs.

If you are affected by a change in drug coverage at the beginning of the year or during the year, please review Chapter 9 of your Evidence of Coverage and talk to your doctor to find out your options, such as asking for a temporary supply, applying for an exception and/or working to find a new drug. You can also contact the Customer Care Center for more information.

We have made changes to the list of insulin drugs that will be covered. To find out which drugs are covered Insulins, review the most recent Drug List we provided electronically. If you have questions about the Drug List, you can also call the Customer Care Center. (Phone numbers for the Customer Care Center are in Section 7.1 in this document.)

Changes to Prescription Drug Costs

Note: If you are in a program that helps pay for your drugs (“Extra Help”), **the information about costs for Part D prescription drugs may not apply to you.** We sent you a separate insert, called the “Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs” (also called the “Low Income Subsidy Rider” or the “LIS Rider”), which tells you about your drug costs. If you receive “Extra Help” and you haven’t received this insert by 9/30/2022, please call the Customer Care Center and ask for the “LIS Rider.”

There are four “drug payment stages.”

The information below shows the changes to the first two stages – the Yearly Deductible Stage and the Initial Coverage Stage. (Most members do not reach the other two stages – the Coverage Gap Stage or the Catastrophic Coverage Stage.)

Changes to the Deductible Stage

| Stage | 2022 (this year) | 2023 (next year) |
|---|--|---|
| <p>Stage 1: Yearly Deductible Stage</p> <p>During this stage, you pay the full cost of your Tier 3, Tier 4 and Tier 5 drugs in 2023 until you have reached the yearly deductible.</p> <p>There is no deductible for Dean Advantage Essential for insulins covered on our formulary. You pay \$30 per prescription at preferred pharmacies and \$35 per prescription at standard retail pharmacies for covered insulins.</p> | <p>The deductible is \$250.</p> <p>Tier 1: Standard Cost Sharing: You pay \$7 per prescription Preferred Cost Sharing: You pay \$0 per prescription</p> <p>Tier 2: Standard Cost Sharing: You pay \$12 per prescription Preferred Cost Sharing: You pay \$5 per prescription</p> <p>Tier 3: You pay full cost of your drugs until you have reached the yearly deductible</p> <p>Tier 4: You pay full cost of your drugs until you have reached the yearly deductible</p> <p>Tier 5: You pay full cost of your drugs until you have reached the yearly deductible</p> <p>Tier 6: Standard Cost Sharing: You pay \$0 per prescription Preferred Cost Sharing: You pay \$0 per prescription</p> | <p>The deductible is \$250.</p> <p>Tier 1: Standard Cost Sharing : You pay \$7 per prescription Preferred Cost Sharing: You pay \$2 per prescription</p> <p>Tier 2: Standard Cost Sharing : You pay \$15 per prescription Preferred Cost Sharing: You pay \$10 per prescription</p> <p>Tier 3: You pay full cost of your drugs until you have reached the yearly deductible</p> <p>Tier 4: You pay full cost of your drugs until you have reached the yearly deductible</p> <p>Tier 5: You pay full cost of your drugs until you have reached the yearly deductible</p> <p>Tier 6: Standard Cost Sharing: You pay \$0 per prescription Preferred Cost Sharing: You pay \$0 per prescription</p> |

Changes to Your Cost-Sharing in the Initial Coverage Stage

| Stage | 2022 (this year) | 2023 (next year) |
|--|---|--|
| <p>Stage 2: Initial Coverage Stage</p> <p>Once you pay the yearly deductible, you move to the Initial Coverage Stage. During this stage, the plan pays its share of the cost of your drugs, and you pay your share of the cost.</p> <p>The costs in this row are for a one-month (30-day) supply when you fill your prescription at a Network pharmacy that provides standard cost-sharing. For information about the costs for a long-term supply or for mail-order prescriptions, look in Chapter 6, Section 5 of your <i>Evidence of Coverage</i>.</p> <p>We changed the tier for some of the drugs on our Drug List. To see if your drugs will be in a different tier, look them up on the Drug List.</p> <p>You pay \$30 per prescription at preferred pharmacies and \$35 per prescription at standard retail pharmacies for insulins covered on our formulary.</p> | <p>Your cost for a retail one-month supply filled at a network pharmacy</p> <p>Tier 1:</p> <p>Standard Cost Sharing: You pay \$7 per prescription</p> <p>Preferred Cost Sharing: You pay \$0 per prescription</p> <p>Tier 2:</p> <p>Standard Cost Sharing: You pay \$12 per prescription</p> <p>Preferred Cost Sharing: You pay \$5 per prescription</p> <p>Tier 3:</p> <p>Standard Cost Sharing: You pay \$47 per prescription</p> <p>Preferred Cost Sharing: You pay \$40 per prescription</p> | <p>Your cost for a retail one-month supply filled at a network pharmacy</p> <p>Tier 1:</p> <p>Standard Cost Sharing: You pay \$7 per prescription</p> <p>Preferred Cost Sharing: You pay \$2 per prescription</p> <p>Tier 2:</p> <p>Standard Cost Sharing: You pay \$15 per prescription</p> <p>Preferred Cost Sharing: You pay \$10 per prescription</p> <p>Tier 3:</p> <p>Standard Cost Sharing: You pay \$47 per prescription</p> <p>Preferred Cost Sharing: You pay \$42 per prescription</p> |

| | | |
|--|---|---|
| | <p>Tier 4:</p> <p>Standard Cost Sharing: You pay \$100 per prescription</p> <p>Preferred Cost Sharing: You pay \$90 per prescription</p> | <p>Tier 4:</p> <p>Standard Cost Sharing: You pay \$100 per prescription</p> <p>Preferred Cost Sharing: You pay \$95 per prescription</p> |
| | <p>Tier 5:</p> <p>Standard Cost Sharing: You pay 28% of the total cost</p> <p>Preferred Cost Sharing: You pay 28% of the total cost</p> | <p>Tier 5:</p> <p>Standard Cost Sharing: You pay 29% of the total cost</p> <p>Preferred Cost Sharing: You pay 29% of the total cost</p> |
| | <p>Tier 6:</p> <p>Standard Cost Sharing: You pay \$0 per prescription</p> <p>Preferred Cost Sharing: You pay \$0 per prescription</p> <hr/> <p>Once your total drug costs have reached \$4,430 you will move to the next stage (the Coverage Gap Stage).</p> | <p>Tier 6:</p> <p>Standard Cost Sharing: You pay \$0 per prescription</p> <p>Preferred Cost Sharing: You pay \$0 per prescription</p> <hr/> <p>Once your total drug costs have reached \$4,660 you will move to the next stage (the Coverage Gap Stage).</p> |

Dean Advantage Essential offers additional gap coverage for insulins covered on our formulary. During the Coverage Gap stage, your out-of-pocket costs for select insulins will be \$30 per prescription at preferred pharmacies and \$35 per prescription at standard retail pharmacies.

Dean Advantage Essential offers \$0 Tier 1 and Tier 2 three-month supplies through Costco mail-order pharmacy. You do not need to be a Costco member to access the pharmacy.

- **Important Message About What You Pay for Vaccines** - Our plan covers most Part D vaccines at no cost to you, even if you haven't paid your deductible. Call the Customer Care Center for more information.
- **Important Message About What You Pay for Insulin** - You won't pay more than \$30 at preferred pharmacies or \$35 at standard retail pharmacies for a one-month supply of each insulin product covered by our plan, no matter what cost-sharing tier it's on, even if you haven't paid your deductible.
- **Getting Help from Medicare** - **If you chose this plan because you were looking for insulin coverage at \$35 a month or less, it is important to know that you may have other options available to you for 2023 at even lower costs because of changes to the Medicare Part D program. Contact Medicare, at 1-800- MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week for help comparing your options. TTY users should call 1-877-486-2048.**
- **Additional Resources to Help** – Please contact our Customer Care Center for additional information at 1-877-232-7566 toll-free. TTY only, call 711. We are available for phone calls from 8 am to 8 pm. However, please note that our automated phone system may answer your call during all Federal holidays and weekends from April 1 to September 30. Please leave your name and telephone number, and we'll call you back by the end of the next business day. Calls to 1-877-232-7566 and TTY 711 are free.

SECTION 2 Administrative Changes

| Benefit | 2022 (this year) | 2023 (next year) |
|---|---|--|
| Vision: Eyewear | Only at in-network eyewear locations. Your provider submits a claim to the health plan. | In-network eyewear locations AND freestanding vision centers. Swipe Your Wallet card to pay at location. |
| Quantity in a 3 month supply of drugs | Drugs eligible for 3 month fills receive a 90 day supply | Drugs eligible for 3 month fills receive a 100 day supply |
| Fitness Benefit | Silver&Fit | One Pass™ Fitness Program |
| Living Healthy Rewards powered by WebMD | Up to \$150 in earned rewards could be redeemed for gift cards. (Includes Amazon.) | Up to \$150 in earned rewards will be loaded on Your Dean Wallet card. Swipe it at many stores, restaurants, and gas stations to redeem your rewards. (Does not include Amazon.) |

SECTION 3 Deciding Which Plan to Choose

Section 3.1 – If you want to stay in Dean Advantage Essential

To stay in our plan, you don't need to do anything. If you do not sign up for a different plan or change to Original Medicare by December 7, you will automatically be enrolled in our Dean Advantage Essential.

Section 3.2 – If you want to change plans

We hope to keep you as a member next year but if you want to change plans for 2023 follow these steps:

Step 1: Learn about and compare your choices

- You can join a different Medicare health plan,
- – *OR* – You can change to Original Medicare. If you change to Original Medicare, you will need to decide whether to join a Medicare drug plan. If you do not enroll in a Medicare drug plan, please see Section 1.1 regarding a potential Part D late enrollment penalty.

To learn more about Original Medicare and the different types of Medicare plans, use the Medicare Plan Finder (www.medicare.gov/plan-compare), read the *Medicare & You 2023* handbook, call your State Health Insurance Assistance Program (SHIP) (see Section 5), or call Medicare (see Section 7.2).

As a reminder, Dean Health Plan offers other Medicare health plans. These other plans may differ in coverage, monthly premiums, and cost-sharing amounts.

Step 2: Change your coverage

- To change **to a different Medicare health plan**, enroll in the new plan. You will automatically be disenrolled from Dean Advantage Essential.
- To **change to Original Medicare with a prescription drug plan**, enroll in the new drug plan. You will automatically be disenrolled from Dean Advantage Essential.
- To **change to Original Medicare without a prescription drug plan**, you must either:
 - Send us a written request to disenroll. Contact the Customer Care Center if you need more information on how to do so.
 - – *or* – Contact **Medicare**, at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week, and ask to be disenrolled. TTY users should call 1-877-486-2048.

SECTION 4 Deadline for Changing Plans

If you want to change to a different plan or to Original Medicare for next year, you can do it from **October 15 until December 7**. The change will take effect on January 1, 2023.

Are there other times of the year to make a change?

In certain situations, changes are also allowed at other times of the year. Examples include people with Medicaid, those who get “Extra Help” paying for their drugs, those who have or are leaving employer coverage, and those who move out of the service area.

If you enrolled in a Medicare Advantage plan for January 1, 2023, and don’t like your plan choice, you can switch to another Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without Medicare prescription drug coverage) between January 1 and March 31, 2023.

If you recently moved into, currently live in, or just moved out of an institution (like a skilled nursing facility or long-term care hospital), you can change your Medicare coverage **at any time**. You can change to any other Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time.

SECTION 5 Programs That Offer Free Counseling about Medicare

The State Health Insurance Assistance Program (SHIP) is an independent government program with trained counselors in every state. The State Health Insurance Assistance Program in your area is:

- Wisconsin: Board on Aging and Long Term Care (BOALTC)

It is a state program that gets money from the Federal government to give **free** local health insurance counseling to people with Medicare.

SHIP counselors can help you with your Medicare questions or problems. They can help you understand your Medicare plan choices and answer questions about switching plans. Call them or learn more by visiting their website:

| Method | Wisconsin SHIP: Board on Aging and Long Term Care– Contact Information |
|--------|--|
| CALL | 1-800-242-1060 |
| WRITE | State of Wisconsin - Board on Aging & Long Term Care 1402 Pankratz Street, Suite 111 Madison, Wisconsin 53704-4001 |

| | |
|----------------|---|
| Method | Wisconsin SHIP: Board on Aging and Long Term Care– Contact Information |
| WEBSITE | http://longtermcare.wi.gov |

SECTION 6 Programs That Help Pay for Prescription Drugs

You may qualify for help paying for prescription drugs. Below we list different kinds of help:

- **“Extra Help” from Medicare.** People with limited incomes may qualify for “Extra Help” to pay for their prescription drug costs. If you qualify, Medicare could pay up to 75% or more of your drug costs including monthly prescription drug premiums, annual deductibles, and coinsurance. Additionally, those who qualify will not have a coverage gap or late enrollment penalty. To see if you qualify, call:
 - 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048, 24 hours a day/7 days a week;
 - The Social Security Office at 1-800-772-1213 between 8 am and 7 pm, Monday through Friday for a representative. Automated messages are available 24 hours a day. TTY users should call 1-800-325-0778 or
 - Your State Medicaid Office (applications).
- **Help from your state’s pharmaceutical assistance program.** Wisconsin has a program called Wisconsin Senior Care that helps people pay for prescription drugs based on their financial need, age or medical condition. To learn more about the program, check with your State Health Insurance Assistance Program.
- **Prescription Cost-sharing Assistance for Persons with HIV/AIDS.** The AIDS Drug Assistance Program (ADAP) helps ensure that ADAP-eligible individuals living with HIV/AIDS have access to life-saving HIV medications. Individuals must meet certain criteria, including proof of State residence and HIV status, low income as defined by the State, and uninsured/under-insured status. Medicare Part D prescription drugs that are also covered by ADAP qualify for prescription cost-sharing assistance through the State AIDS/HIV Drug Assistance Program. For information on eligibility criteria, covered drugs, or how to enroll in the program, please call your State ADAP office listed below.

| | |
|---------------|---|
| Method | Wisconsin: Wisconsin AIDS/HIV Drug Assistance Program (ADAP) – Contact Information |
| CALL | 1-800-991-5532 Hours of operation are 8 am to 5 pm Monday through Friday |
| WRITE | Wisconsin AIDS/HIV Drug Assistance Program 1 West Wilson St, Madison, WI 53703 |

| | |
|----------------|--|
| Method | Wisconsin: Wisconsin AIDS/HIV Drug Assistance Program (ADAP) – Contact Information |
| WEBSITE | www.dhs.wisconsin.gov/hiv/adap.htm |

SECTION 7 Questions?

Section 7.1 – Getting Help from Dean Advantage Essential

Questions? We're here to help. Please call the Customer Care Center 1-877-232-7566 toll-free. TTY only, call 711. We are available for phone calls from 8 am to 8 pm. However, please note that our automated phone system may answer your call during all Federal holidays and weekends from April 1 to September 30. Please leave your name and telephone number, and we'll call you back by the end of the next business day. Calls to 1-877-232-7566 and TTY 711 are free.

Read your 2023 Evidence of Coverage (it has details about next year's benefits and costs)

This *Annual Notice of Changes* gives you a summary of changes in your benefits and costs for 2023. For details, look in the 2023 *Evidence of Coverage* for Dean Advantage Essential. The *Evidence of Coverage* is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. The *Evidence of Coverage* is located on our website at deancare.com/medicareadvantagemembers. You may also call the Customer Care Center for information or to ask us to mail you an *Evidence of Coverage*.

Visit our Website

You can also visit our website at deancare.com/medicareadvantagemembers. As a reminder, our website has the most up-to-date information about our provider network (*Provider Directory*) and our list of covered drugs (Formulary/Drug List).

Section 7.2 – Getting Help from Medicare

To get information directly from Medicare:

Call 1-800-MEDICARE (1-800-633-4227)

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

Visit the Medicare Website

Visit the Medicare website (www.medicare.gov). It has information about cost, coverage, and quality Star Ratings to help you compare Medicare health plans in your area. (To view the information about plans, go to www.medicare.gov/plan-compare).

Read *Medicare & You 2023*

Read the *Medicare & You 2023* handbook. Every fall, this document is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don't have a copy of this document, you can get it at the Medicare website (<https://www.medicare.gov/Pubs/pdf/10050-medicare-and-you.pdf>) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.