Dean Health Plan: FEHB BASIC OPTION (HM005800 / PHA02771)

Coverage for: Self Only, Self Plus One or Self and Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. Please read the FEHB Plan brochure (RI 73-192) that contains the complete terms of this plan. All benefits are subject to the definitions, limitations, and exclusions set forth in the FEHB Plan brochure. Benefits may vary if you have other coverage, such as Medicare. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can get the FEHB Plan brochure at <a href="https://www.deancare.com/members/federal-employee-members">https://www.deancare.com/members/federal-employee-members</a> and view the Glossary at https://www.del.gov/ebsa/healthreform or https://www.healthcare.gov/sbc-glossary/. You can call 1-800-279-1301 (TTY: 711) to request a copy of either document.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. <u>Copayments</u> and <u>coinsurance</u> amounts do not count toward your <u>deductible</u> , which generally starts over January 1. When a covered service/supply is subject to a <u>deductible</u> , only the <u>Plan</u> allowance for the service/supply counts toward the <u>deductible</u> . If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Preventive care services are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	No	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$6,000 individual / \$12,000 family	The <u>out-of-pocket limit</u> , or catastrophic maximum, is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>deancare.com/find-a-doc/</u> or call 800-279-1301 (TTY: 711) for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance</u>



		<u>billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

	Services You May Need	What You Will Pay			
Common Medical Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	\$40 <u>copay</u> /visit	Not covered	No coverage for Chiropractic maintenance or long-term therapy.	
	Specialist visit	\$80 copay/visit	Not covered	Infertility services are covered at 100% up to \$2,000 policy life time maximum.	
If you visit a health care provider's office or clinic	Preventive care/screening/immunization	\$0 <u>copay</u> /visit	Not covered	Services under the ACA guidelines will be covered as preventive. Services may have a limit on number of visits and/or specific age requirements. For additional information please see the Preventive Services section in your Member Certificate. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.	
If you have a test	Diagnostic test (x-ray, blood work)	\$0 <u>copay</u> /visit	Not covered	None	
	Imaging (CT/PET scans, MRIs)	\$480 copay/visit	Not covered	None	

		What You Will Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information
	Generic drugs	\$20 copay / prescription (retail); Mail order maintenance prescriptions, a 90-day supply for 2 copays.	Not covered (retail and mail order)	None
If you need drugs to treat your illness or	Preferred brand drugs	\$45 <u>copay</u> / prescription (retail); Mail order maintenance prescriptions, a 90-day supply for 2 <u>copays</u> .	Not covered (retail and mail order)	None
condition More information about	Non-preferred brand drugs	\$70 copay / prescription (retail); Mail order maintenance prescriptions, a 90-day supply for 3 copays.	Not covered (retail and mail order)	None
/pharmacy-benefits	Specialty drugs	\$150 copay / prescription (retail); Mail order maintenance prescriptions not covered. 50% coinsurance for infertility drugs/prescription (retail)	Not covered (retail and mail order)	None
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	\$1,000 <u>copay</u>	Not covered	None
surgery	Physician/surgeon fees	\$0 copay	Not covered	None
If you need immediate medical attention	Emergency room care	\$300 <u>copay</u> /visit	\$300 <u>copay</u> /visit	Initial emergency services are covered with out-of-network providers. Copay is waived if admitted for observation or inpatient.
	Emergency medical transportation	\$300 <u>copay</u>	\$300 <u>copay</u>	None

	What You Will Pay				
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
	Urgent care	\$40 <u>copay</u> /visit	\$40 <u>copay</u> /visit	Initial <u>urgent care</u> services are covered with <u>out-of-network</u> <u>providers</u> .	
If you have a hospital	Facility fee (e.g., hospital room)	\$1,000 <u>copay</u> /day	Not covered	Maximum of 3 <u>copays</u> per admission.	
stay	Physician/surgeon fees	\$0 copay	Not covered	None	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$40 <u>copay</u> /outpatient visit \$40 <u>copay</u> /day for day treatment visit	Not covered	None	
abuse services	Inpatient services	\$1,000 <u>copay</u> /day	Not covered	Maximum of 3 <u>copays</u> per admission.	
	Office visits	Primary Care Visit - \$40 <u>copay</u> /visit; Specialist Visit - \$80 <u>copay</u> /visit	Not covered	Home or intentional out of hospital deliveries are not covered. Cost sharing does not apply for preventive services. Depending on the	
If you are pregnant	Childbirth/delivery professional services	\$80 <u>copay</u>	Not covered	type of services, a <u>copayment</u> , <u>coinsurance</u> , or <u>deductible</u> may apply. Maternity care may	
,	Childbirth/delivery facility services	\$1,000 <u>copay</u> /day	Not covered	include tests and services described elsewhere in the SBC (i.e. ultrasound). Childbirth/delivery facility services – Maximum of 3 copays per admission.	
	Home health care	\$80 <u>copay</u> /visit	Not covered	None	
If you need help recovering or have other special health needs	Rehabilitation services	Inpatient Rehabilitation Services: \$1,000 copay/day Physical, Occupational and Speech Therapy: \$80 copay/therapy/day	Not covered	Maximum of 3 <u>copays</u> per admission. Services for custodial care are a policy exclusion.	
	Habilitation services	\$80 <u>copay</u> /therapy/day	Not covered	Services for custodial care are a policy exclusion.	
	Skilled nursing care	\$80 <u>copay</u> /day	Not covered	30 days/confinement.	
	Durable medical equipment	\$0 copay	Not covered	None	
	Hospice services	\$80 <u>copay</u> /visit	Not covered	None	

		What You Will Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information
If your child needs	Children's eye exam	\$40 copay/visit	Not covered	Exams performed by an ophthalmologist will incur the specialty office visit cost share.
dental or eye care	Children's glasses	Not covered	Not covered	None
	Children's dental check-up	Not covered	Not covered	None

#### **Excluded Services & Other Covered Services:**

- Cosmetic services including surgery
- Dental care (Adult)
- Glasses (Adult)

- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Routine foot care

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your FEHB Plan brochure.)

- Acupuncture (Limited to 10 visits per contract period)
- Bariatric Surgery after written approval and completion of Weight Management program.
- Chiropractic care

- Hearing aids (Limited to one aid per ear every 36 months)
- Infertility treatment

- Routine eye care (Adult)
- Weight Loss Programs as part of our Comprehensive Weight Management Program

Your Rights to Continue Coverage: You can get help if you want to continue your coverage after it ends. See the FEHB Plan brochure, contact your HR office/retirement system, contact your plan at 1-800-279-1301 (TTY: 711) or visit <a href="www.opm.gov.insure/health">www.opm.gov.insure/health</a>. Generally, if you lose coverage under the plan, then, depending on the circumstances, you may be eligible for a 31-day free extension of coverage, a conversion policy (a non-FEHB individual policy), spouse equity coverage, or temporary continuation of coverage (TCC). Other coverage options may be available to you too, including buying individual insurance coverage through the <a href="health Insurance Marketplace">Health Insurance Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: If you are dissatisfied with a denial of coverage for claims under your plan, you may be able to appeal. For information about your appeal rights please see Section 3, "How you get care," and Section 8 "The disputed claims process," in your FEHB Plan brochure. If you need assistance, you can contact: Dean Health Plan at <a href="deancare.com">deancare.com</a> or 1-800-279-1301 (TTY: 711); Wisconsin Office of the Commissioner of Insurance at (800) 236-8517 or <a href="https://oci.wi.gov/">https://oci.wi.gov/</a> or the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="https://www.dol.gov/ebsa/healthreform">https://www.dol.gov/ebsa/healthreform</a>.

## Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

#### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-279-1301 (TTY: 711).

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-279-1301 (TTY: 711).

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-279-1301 (TTY: 711).

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-279-1301 (TTY: 711).

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

#### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

\$0

## Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall <u>deductible</u>	\$0
■ Specialist conavment	\$80

■ Hospital (facility) copayment \$1.000

■ Other coinsurance 0%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

Total Example Cost	\$12,700

### In this example, Peg would pay:

Cost Sharing		
<u>Deductibles</u>	\$0	
<u>Copayments</u>	\$1,200	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$1,260	

# **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a wellcontrolled condition)

The plan's overall d	<u>eductible</u>
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■ Specialist copayment \$80

■ Hospital (facility) copayment \$1.000 0%

■ Other coinsurance

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600

# In this example. Joe would pay:

Cost Sharing		
<u>Deductibles</u>	\$0	
Copayments	\$1,000	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$1,020	

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall <u>deductible</u>	<b>\$0</b>
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\$80 ■ Specialist copayment

■ Hospital (facility) copayment

\$1.000 **■** Other coinsurance 0%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

<b>Total Example Cost</b>	\$2,800
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### In this example, Mia would pay:

	\$0 \$1,300
	\$1,300
Coincurance	
<u>Coinsurance</u>	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$1,300