

OTC vs Living Healthy Rewards Benefit

OTC Benefit

- Members are eligible up to a **quarterly benefit** (allowance varies by plan) to be used towards the purchase of select over-the-counter (OTC) health and wellness products
- This benefit is available at the beginning of each quarter (Jan., April, July, Oct.). **Unused dollars will not carry forward to the next quarter**
- Members can use this benefit at any of our 62,000 retail locations and online. Locations include:
 - Walgreens
 - Dollar General
 - Family Dollar
 - Pick 'n Save
 - Walmart
 - CVS
- Due to updated CMS regulations OTC dollars cannot be spent at amazon.com

Living Healthy Rewards

- Members can earn up to **\$150 in rewards** for completing healthy activities
- Rewards are automatically loaded on their Health+ by Medica Card as they earn reward points
- Members can spend these rewards at some of these types of locations and online retailers:
 - Convenience Stores
 - Grocery Stores (not affiliated with the OTC network/Kroger brands. Eligible retailers include Festival Foods, Woodman's, & Piggly Wiggly)
 - Restaurants
 - Home Improvement Stores
 - Hardware Stores
 - Gas Stations
 - Lawn & Garden Supply Stores
 - Florists & Nurseries
 - Household Appliance & Electronics stores
- Due to updated CMS regulations Living Healthy Rewards dollars cannot be spent at amazon.com
- **NOTE:** Members will not be able to redeem their Living Healthy Rewards at any of the locations are in the OTC Network

Need more information, visit deancare.com/extrabenefits

DeanHealthPlan
by  **Medica**