

Coverage of any medical intervention discussed in a Dean Health Plan medical policy is subject to the limitations and exclusions outlined in the member's benefit certificate or summary plan description (SPD) and to applicable state and/or federal laws.

Cardiac Event Monitors and Cardiac Procedures

MP9540

Covered Service: Yes

Prior Authorization Required: No

Additional Information: For real-time mobile cardiac outpatient telemetry, see related policy [Real-Time Mobile Cardiac Outpatient Telemetry \(MCOT\) MP9621](#)

For percutaneous or transcatheter heart valve replacement and repair, see [Transcatheter Heart Valve Replacement and Repair MP9623](#)

Medicare Policy: Prior authorization is dependent on the member's Medicare coverage. Prior authorization is not required for Dean Care Gold and Select when this service is provided by participating providers. If a member has Medicare primary and Dean Health Plan as secondary coverage, a prior authorization is required.

BadgerCare Plus Policy: Dean Health Plan covers when BadgerCare Plus also covers the benefit.

Dean Health Plan Medical Policy:

- 1.0 An ambulatory event cardiac monitor **does not** require prior authorization and is considered medically necessary for the detection of cardiac arrhythmias when **ANY** of the following devices are to be used:
 - 1.1 Holter monitor
 - 1.2 Patch cardiac rhythm monitor (e.g., ZIO Patch)
 - 1.3 External loop recorder (ELR)/external intermittent cardiac event monitor
- 2.0 Implantable loop cardiac recorder (cardiac event monitor) **does not** require prior authorization and is considered medically necessary for **ANY** of the following indications:
 - 2.1 Unexplained symptoms suggestive of cardiac arrhythmias (e.g., unexplained syncope, presyncope palpitations or dizziness)
 - 2.2 Post-cardiac ablation monitoring
 - 2.3 History of cryptogenic stroke or transient ischemia attack (TIA) with suspected unconfirmed occult atrial fibrillation.
- 3.0 Implantable loop cardiac records for any other indications are considered **experimental and investigational**, and therefore not medically necessary.

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	Committee/Source	Date(s)
Document Created:	Medical Policy Committee/Health Services Division	October 17, 2018
Revised:	Medical Policy Committee/Health Services Division	November 21, 2018
	Medical Policy Committee/Health Services Division	August 21, 2019
	Medical Policy Committee/Health Services Division	November 20, 2019
	Medical Policy Committee/Health Services Division	August 19, 2020
	Medical Policy Committee/Health Services Division	August 18, 2021
	Medical Policy Committee/Health Services Division	February 16, 2022
	Medical Policy Committee/Health Services Division	July 20, 2022
	Medical Policy Committee/Health Services Division	December 21, 2022
	Medical Policy Committee/Health Services Division	January 18, 2023
	Medical Policy Committee/Health Services Division	February 15, 2023
	Medical Policy Committee/Health Services Division	February 21, 2024
Reviewed:	Medical Policy Committee/Health Services Division	November 21, 2018
	Medical Policy Committee/Health Services Division	August 21, 2019
	Medical Policy Committee/Health Services Division	November 20, 2019
	Medical Policy Committee/Health Services Division	August 19, 2020
	Medical Policy Committee/Health Services Division	August 18, 2021
	Medical Policy Committee/Health Services Division	February 16, 2022
	Medical Policy Committee/Health Services Division	July 20, 2022
	Medical Policy Committee/Health Services Division	December 21, 2022
	Medical Policy Committee/Health Services Division	January 18, 2023
	Medical Policy Committee/Health Services Division	February 15, 2023
	Medical Policy Committee/Health Services Division	February 21, 2024

Published: 03/01/2024

Effective:03/01/2024