If you have questions after the procedure or:
1. Patient develops a fever over 101°F or shaking chills;
2. Patient develops new, severe, or increasing pain in abdomen, chest, or neck;
3. Patient begins to vomit;
4. Bowel movements are bloody, or turn black or maroon in color;
5. Patient becomes light headed or dizzy;
6. Patient develops shortness of breath or difficulty breathing;

CALL THE DEAN PEDIATRIC DEPARTMENT AT 608-252-8181 IMMEDIATELY

FOR AFTER HOURS EMERGENCIES, CALL DEAN ON CALL AT EITHER 1-800-57-NURSE OR 250-1393

See map and directions on next page

The SMDV Digestive Health Center respects the rights of all patients in accordance with state law. You will find your rights prominently posted in our reception area.

Directions
Driving: Hwys 18, 12, 14, 151 and Interstate 90 all intersect with the West Beltline Hwy.
- From the Beltline, take the Park Street exit traveling north. Merge left onto Park Street and then left on Erin Street.
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- After parking, proceed to the parking ramp elevator and go to the 1st floor. The Digestive Health Center is located on the 1st floor of the Dean/St. Mary’s Outpatient Center.

If you are being dropped off:
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Pediatric Gastroscopy
What to Expect
A gastroscopy (also known as an EGD, upper GI or Esophagogastroduodenoscopy) is a visual examination of the esophagus, stomach, and the first part of the small intestine. A flexible fiberscope is used. By using special instruments, the physician can take biopsy specimens, remove foreign bodies or polyps, stop bleeding, and open strictures or narrow areas. This is a very safe exam, and complications are uncommon, but can occur. The complications include damage to the esophagus (swallowing tube), infection and bleeding. This could require surgery, antibiotics or transfusions. It is also possible, but uncommon, that an error in diagnosis be made.

Preparing for the Exam:
Please arrive at the time indicated and plan for the procedure to begin 30 to 60 minutes after arrival. Most procedures take 30 minutes to complete and recovery is usually within one hour after the procedure. Please be aware that the patient will be given medicine that will make them drowsy. Therefore, we encourage them to rest the remainder of the day. A responsible adult or guardian must remain at the Center during the procedure so the physician will have someone to speak to after the procedure is finished.

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2. If the patient takes insulin or oral medications for diabetes, they will need to adjust their dosage. They will not be eating or drinking for most of the day. Please discuss this with your primary doctor. If he/she develops insulin shock due to low blood sugar, treat it with orange juice or hard candy immediately. Please contact us if this happens so we can determine if the procedure can still be performed. It may need to be rescheduled.

3. The patient should NOT take regular morning medicines. If they have an inhaler(s) or medicine they need to take shortly after the exam, please bring these along.

4. Insurance Instructions
   Please contact your insurance company prior to receiving services to guarantee that prior authorization and insurance coverage requirements are met. Look on your insurance ID card for a phone number to call regarding these questions. Ask your insurance company if prior authorization is required for your scheduled procedure/service and to verify your benefits. Not obtaining prior authorization could reduce your benefits and leave you financially responsible. Note: final diagnosis will not be available until your procedure has been completed.

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diet Information

Child 1 year of age or less:
No solids after Midnight the night before exam. Patient can have Clear Liquids, breast milk or formula up to 4 hours prior to procedure, nothing by mouth after that.

Child greater than 1 year of age:
May have a normal diet the day before the procedure right up until Midnight. They should not have anything by mouth (NOT EVEN WATER) after Midnight the night before exam.

Clear Liquids include: Water, Fruit juice without pulp (apple, white grape), Lemonade, CLEAR broth, 7-UP, Sprite, and Gatorade; AVOID any clear liquids that are RED or PURPLE in color.

For problems or questions during business hours, please call the Dean Pediatric Clinic at (608) 252-8181.

For problems or questions after hours, please call the Dean on Call nurse at (608) 250-1393 or 1-800-57-NURSE, open 24 hours daily.

Day of the Exam

Parking is available at the St. Mary’s Hospital – Park Street Ramp, located on the corner of Park Street and Erin Street. You will receive a ticket upon entering the ramp, please do not lose this ticket because you will need it to exit the ramp. We suggest you leave it in your automobile. This ramp is for patients & visitors and does require some form of payment to exit. All exits are automated and will accept cash, credit card or patient voucher. The Digestive Health Center will offer each patient/family a one-time voucher.

The Digestive Health Center is located on level 1 of the Dean/St. Mary’s Outpatient Building, which is connected to the Park Street Ramp. Please be aware the St. Mary’s Hospital Campus is smoke free.

Again, please arrive at the time indicated and plan for the procedure to begin 30-60 minutes after arrival. The receptionist at the center will need the patient’s insurance card.

Once the patient is registered, the admission staff will prepare them for the procedure, and provide a gown while at the center. Your physician will review the need for the procedure, explain the risks involved, and answer any questions concerning the procedure. Please be aware that there may be delays due to emergency situations. Your patience is appreciated.

An intravenous catheter will be placed in a vein to administer sedative medications. The medications are given throughout the procedure as needed. Vital signs will be monitored throughout the procedure. It is not uncommon for oxygen to be given during the procedure. A small plastic mouthpiece will be placed between the lips (to prevent biting on the fiberscope). When the patient is sufficiently sedated, the physician will begin the exam.

Please visit our website at www.deancare.com/digestive for more information.

The patient will be taken to the recovery area where staff will continue to monitor vital signs. When the patient is sufficiently awake and can swallow, he/she will be given something to drink. The patient may resume a normal diet unless otherwise instructed.

Their throat may be sore for one to two days after the procedure, although this is unusual.

If the IV site is tender, apply a warm compress to the area for five to ten minutes, four times a day. Your physician should be notified if this does not get better in 1 to 2 days.

Normal activities may be resumed the same day except for driving (for those patients with a driver’s license). Driving is prohibited until the following day.

The patient may experience gas discomfort. This is usually gone by the following morning.

As a result of the sedative medications administered during the procedure, the patient may not remember details surrounding the examination.

Your physician will explain the results of the exam and give final instructions before you leave the Center. If any biopsies were done, the results of these will be called to you and your primary physician within 4 – 6 days after the exam.
Special Instructions to Follow BEFORE the Exam:

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3. The patient should NOT take regular morning medicines. If they have an inhaler(s) or medicine they need to take shortly after the exam, please bring these along.

4. Insurance Instructions
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See map and directions on next page

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CALL THE DEAN PEDIATRIC DEPARTMENT AT 608-252-8181 IMMEDIATELY

FOR AFTER HOURS EMERGENCIES, CALL DEAN ON CALL AT EITHER 1-800-57-NURSE OR 250-1393

See map and directions on next page

The SMDV Digestive Health Center respects the rights of all patients in accordance with state law. You will find your rights prominently posted in our reception area.

A gastroscopy (also known as an EGD, upper GI or Esophagogastroduodenoscopy) is a visual examination of the esophagus, stomach, and the first part of the small intestine. A flexible fiberscope is used. By using special instruments, the physician can take biopsy specimens, remove foreign bodies or polyps, stop bleeding, and open strictures or narrow areas. This is a very safe exam, and complications are uncommon, but can occur. The complications include damage to the esophagus (swallowing tube), infection and bleeding. This could require surgery, antibiotics or transfusions. It is also possible, but uncommon, that an error in diagnosis be made.

Preparing for the Exam:

Please arrive at the time indicated and plan for the procedure to begin 30 to 60 minutes after arrival. Most procedures take 30 minutes to complete and recovery is usually within one hour after the procedure. Please be aware that the patient will be given medicine that will make them drowsy. Therefore, we encourage them to rest the remainder of the day. A responsible adult or guardian must remain at the Center during the procedure so the physician will have someone to speak to after the procedure is finished.

Directions

Driving: Hwys 18, 12, 14, 151 and Interstate 90 all intersect with the West Beltline Hwy.

- From the Beltline, take the Park Street exit traveling north. Merge left onto Park Street and then left on Erin Street.
- This is the entrance to the St. Mary's campus. Turn at the first left into the parking ramp entrance on Erin St.
- After parking, proceed to the parking ramp elevator and go to the 1st floor. The Digestive Health Center is located on the 1st floor of the Dean/St. Mary's Outpatient Center.

If you are being dropped off:

Pass the parking ramp entrance on Erin and turn left onto Brooks Street. To the left is a circular driveway in front of the Dean/St. Mary's Outpatient Center with a drop-off area. (The driver can then proceed straight ahead into the parking ramp.) You will enter the building and take the elevator to 1st floor.