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# 2024 Dean Health Plan Step B Therapy Criteria

## Dean Advantage (HMO/HMO-POS)

**Please read: This document contains information about our Step Therapy Criteria**

**Step Therapy:** In some cases, Dean Health Plan requires you to first try certain drugs to treat your medical condition before we will cover another drug for that condition. For example, if Drug A and Drug B both treat your medical condition Dean Health Plan may not cover Drug B unless you try Drug A first. If Drug A does not work for you, Dean Health Plan will then cover Drug B.

This document was updated on 5/01/2024.

For more recent information or other questions, please contact Dean Health Plan at

**1 (877) 232-7566 (TTY: 711),**  
8 am – 8 pm, weekdays (year-round)  
and weekends (Oct. 1 – Mar. 31), or visit  
**[DeanCare.com/MedicareAdvantageMembers](https://www.deancare.com/MedicareAdvantageMembers)**

**Dean**HealthPlan  
by  **Medica**

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| <b>Category</b>   | <b>Preferred drug(s) Drug A</b>   | <b>Non-Preferred drug(s) Drug B</b>  |
|---|---|--|
| Visco supplements   | Synvisc-one, Synvisc, Hyalagan, Hymovis and triluron  | durolane, glesyn-3, supartz FX, Synvisc, Euflexxa, Gel-one, Genvisc 850, Mono-visc, Sodium Hyaluronate, TriVisc, Visco-3 |
| Osteoporosis  | Oral bisphosphonate trial (alendronate, ibandronate, or risedronate)  | Prolia (for a diagnosis of osteoporosis with high risk of fracture) and Evenity  |
| Prevention of skeletal related events in patients with multiple | Reclast (zoledronic acid)   | Xgeva (denosumab)  |
| Treatment of hypercalcemia of malignancy myeloma                | Reclast (zoledronic acid)   | Xgeva (denosumab)  |
| Colony Stimulating Factors Short Acting                         | Zarxio or Nivestym  | Neupogen/Granix  |
| Pegfilgrastim   | Ziextenzo, Fulphila or Nyvepria   | Neulasta/Udenyca   |
| Filgrastim  | Zarxio or Nivestym  | Leukine  |
| Avastin   | Mvasi or Zirabev  | Avastin  |
| HER 2 Expression  | Herumza, or Trazimera   | Herceptin, Kanjinti, Ogivri  |
| Rituximab   | Truxima or Ruxience   | Rituxan hycela/Rituxan   |
| Infliximab  | Renflexis   | Remicade   |
| Migraine  | Emgality and Aimovig  | Vyepti   |
| Crohn's   | infliximab or Humira  | Entyvio  |
| Relapsing MS  | 1 of the following: Glatiramer acetate , Glatopa dimethyl fumarate  | Ocrevus  |
| Relapsing MS  | 1 of the following: Glatiramer acetate , Glatopa dimethyl fumarate and 1 of the following: Ocrevus or Tysabri | Lemtrada   |
| Gout  | Allopurinol, Febuxostat   | Krystexxa  |
| Rheumatoid Arthritis  | Enbrel , Humira, Rinvoq   | Orencia (Rheumatoid Arthritis)   |

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| Rheumatoid Arthritis                               | Enbrel , Humira, Rinvoq  | Simponi Aria (Rheumatoid Arthritis)                          |
| Rheumatoid Arthritis                               | Enbrel , Humira, Rinvoq  | Actemra (Rheumatoid Arthritis)                               |
| Polyarticular juvenile idiopathic arthritis (PJIA) | Enbrel, Humira and Methotrexate inj  | Orencia (Polyarticular juvenile idiopathic arthritis (PJIA)) |
| Polyarticular juvenile idiopathic arthritis (PJIA) | Enbrel, Humira and Methotrexate inj  | Actemra (Polyarticular juvenile idiopathic arthritis (PJIA)) |
| Psoriatic Arthritis                                | Enbrel, Humira, Cosentyx, Taltz, Stelara   | Orencia (Psoriatic Arthritis)                                |
| Psoriatic Arthritis                                | Enbrel, Humira, Cosentyx, Taltz, Stelara   | Simponi Aria (Psoriatic Arthritis)                           |
| ankylosing spondylitis                             | Enbrel, Humira, Cosentyx   | Simponi Aria (ankylosing spondylitis)                        |
| Asthma   | Systemic Oral corticosteroid, medium or High dose inhaled corticosteroid (ICS) in combination with long-acting beta agonist (LABA), leukotriene receptor antagonist, tiotropium;<br>Systemic Injectable: corticosteroids | Xolair (asthma)  |
| Asthma   | Systemic Oral corticosteroid, medium or High dose inhaled corticosteroid (ICS) in combination with long-acting beta agonist (LABA), leukotriene receptor antagonist, tiotropium;<br>Systemic Injectable: corticosteroids | Cinqair (Asthma)   |
| Idiopathic Urticaria                               | Injectable or oral H1 antihistamines   | Xolair (Idiopathic Urticaria)                                |
| Systemic Lupus Erythematosis                       | hydroxychloroquine, methotrexate, azathioprine, or mycophenolate mofetil   | Benlysta   |
| Systemic Lupus                                     | hydroxychloroquine, methotrexate, azathioprine, or mycophenolate mofetil   | Saphnelo   |
| Relapsing MS                                       | <b>1</b> of the following: Glatiramer acetate , Glatopa dimethyl fumarate  | Tysabri  |
| Crohn's Disease                                    | Humira and infliximab  | Tysabri  |
| Crohn's Disease                                    | Humira, infliximab   | Entyvio (Crohn's disease)                                    |
| Resistant Depression                               | Oral Anti-depressants  | Spravato   |

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| Unable to meet LDL goal + heterozygous familial hypercholesterolemia (HeFH) or clinical atherosclerotic cardiovascular disease (ASCVD)           | Lipitor or Crestor               | Leqvio (inclisiran)                          |
| Unable to tolerate statin therapy + heterozygous familial hypercholesterolemia (HeFH) or clinical atherosclerotic cardiovascular disease (ASCVD) | Two attempts with statin therapy | Leqvio (inclisiran)                          |
| Iron Replacement   | Venofer/Infed/Ferrecit/Fereheme  | Triferic/Injectafer/Monoferric/Triferic AVNU |
| High Cholesterol   | Repatha or Praluent              | Eveeka                                       |
| Erythropoietic Agents  | Retacrit                         | Procrit                                      |