How to find a
PPO Provider

Find A Doctor

Doctor Name:

Enter Doctor Last Name

Specialties:

Select Specialty

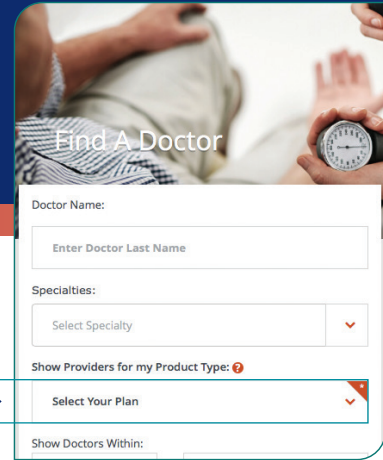Show Providers for my Product Type: ❓

Select Your Plan

Show Doctors Within:

1. Go to **deancare.com**

2. Click **Find a Doctor** at the top of the page

3. Under **Select Your Plan** choose **PPO**

4. Click **firsthealth.com**

5. Click   **Start now**

6. Select the Provider type (selecting **All Providers** will yield more results)

7. Choose one of two options:

    a. **Zip code** and adjust the distance from 5-100 miles

    or

    b. **Select a state.** You can narrow your search by county and/or city

8. Select   **Search now**   for immediate results or   **[+] Show more options**   to narrow your

    search by the following:

        a. **Physician name or facility:** text field allows you to type in the

           name of a doctor (last name) or hospital (first name)

        b. **Specialty Type:** enter text or select up to five specialties to include.

           If you need more detail on specialties, choose the "Specialty Definitions" link at the bottom of the

           web page

        d. **Condition:** enter text or select a condition

        e. **Focus Type:** enter text or select up to five focus codes to include

9. Select   **Search now**

10. A user guide can be found near the bottom of the **First Health** web pages.   **How to use this tool** *User manual*

It is important to note that providers are regularly added and removed from the network. Before you schedule an appointment, please verify that the provider you chose is listed as a participating provider. Prior to your appointment, you should also double-check that you're seeing a participating provider. We recommend you reference the First Health network when making your appointment and at check-in. These steps will help you avoid additional charges.

▶ **We are here to help**
Call the Customer Care Center at **800-279-1301 (TTY: 711)**

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