

WIN Covered Services



The following items are **INCLUDED** in the WIN Program and **ARE ELIGIBLE** for reimbursement. Services are subject to change at anytime.

Fitness

- Health club or fitness facility membership
- Water aerobics/lap training/pool memberships
- Exercise / fitness classes such as: pilates, yoga, zumba, aerobic, step, spinning, kick boxing, cardio
- Martial arts classes
- Personal trainer sessions

Please note: All health club memberships will only be reimbursed in the year they were purchased. Two year memberships will only be reimbursed once in the year it was purchased.

Healthy Food / Weight Management

Weight Management

- Weight Watchers, Jenny Craig, Healthy Inspirations and LA Weight Loss membership dues / enrollment fees
- Weight Watchers & Jenny Craig online memberships

Healthy Food Focus

Community supported agriculture produce memberships and shares

Acceptable proof of membership:

- Cancelled check
- Farm receipt
- Credit card statement showing farm charge
- Email correspondence with farm confirming your payment

Dean's Comprehensive Weight Management Program

The following classes and services through Dean's Comprehensive Weight Management Program:

- LEARN (Lifestyle, Exercise, Attitudes, Relationships, Nutrition)
- SMA (Shared Medical Appointment)
- My New Weigh of Life
- VLCD (Very Low Calorie Diet)
- Health Habits for Life

You can receive \$100 bonus reimbursement by participating in Dean's Comprehensive Weight Management Program. Go to deancare.com/weightmanagement for more information.

Alternative Therapy

Acupuncture

Procedures involving stimulation of points on the body a variety of techniques performed by a licensed acupuncturist.

Massage

Massage therapy performed by a licensed therapist.

Prolotherapy

- Defined as, "Nonsurgical ligament reconstruction."
- Must be performed by a licensed provider

Health & First Aid

- Wellness, mindfulness, health lifestyle classes, education
- Stress management classes
- CPR classes
- First Aid classes
- Birthing classes
- Lifeguard classes



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WIN Non-Covered Services



The following items are **EXCLUDED** from the WIN Program and are **NOT ELIGIBLE** for reimbursement. Services are subject to change at anytime.

Fitness

- All home exercise equipment
- Exercise clothing and shoes
- All gaming system video fitness
- Swimming lessons
- Youth recreation programs (*sports camps, school sports programs*)
- Leagues and lessons (*bowling, golf, curling, tennis, etc.*)
- Registration fees for walks, runs, bike events or community recreation programs
- Dance classes / pole dancing / belly dancing
- "Lighten Up Wisconsin"
- State park passes

Healthy Food / Weight Management

Weight Management

- Food, supplements or medications
- "Lighten Up Wisconsin"
- Any web-based programs besides Weight Watchers and Jenny Craig

Healthy Food Focus

- Additional food
- Additional supplies
- CSA Shares of meat and dairy only
- Membership fees for co-ops

Dean's Comprehensive Weight Management Program

- Weight loss medication
- Supplements and food
- Office visit copays

Alternative Therapy

Acupuncture

- Any procedures performed by a non-licensed therapist
- Aroma Therapy
- Reflexology

Massage

- Any procedures performed by a non-licensed therapist
- Aesthetics (*skin treatments, facials, mud baths, pedicures, manicures, etc.*)
- Chiropractic Services
- Aroma Therapy

Prolotherapy

- Any procedures performed by a non-licensed provider

Health & First Aid

- Safety Equipment (*bike helmets, reflective clothing, etc.*)
- Babysitting classes
- Safety classes (*fire, crime, biking, etc.*)
- Swimming lessons



Please note: Tips or gift certificates are not eligible for reimbursement.

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