

## HEMATOLOGY & ONCOLOGY INFORMATION PATIENT RESOURCES

### WRITTEN INFORMATION

Informational pamphlets specific to disease or treatments and side effects are available in the Oncology Department. Ask your nurse or physician for specific information.

### SUPPORT GROUPS AND SERVICES

#### ***American Cancer Society***

Information on services and provides brochures.

Contact: ACS 608-833-4555

Website: [www.cancer.org](http://www.cancer.org)

#### ***Cancer Care***

Online and telephone support groups.

Contact: 1-800-813-4673

Website: [www.cancer.org](http://www.cancer.org)

#### ***Cancer.Net***

Resource for up to date cancer information, approved by American Society of Clinical Oncology (ASCO)

Website: [www.cancer.net](http://www.cancer.net)

#### ***National Cancer Information***

Call for information or brochures.

Contact: 1-800-4CANCER

Website: [www.cancer.gov](http://www.cancer.gov)

#### ***Gilda's Club***

Provides meeting places where men, women and children living with cancer, along with their families and friends can join with others for social and emotional support. Free of charge and non-profit, Gilda's Club offers networking groups, seminars, workshops and social events in a nonresidential and home-like setting.

Contact: 608-273-8880

Website: [www.gildasclubmadison.org](http://www.gildasclubmadison.org)

Email: [info@gildasclubmadison.org](mailto:info@gildasclubmadison.org)

***Look Good....Feel Better - American Cancer Society***

Volunteer cosmetologists help patients enhance their appearance by teaching women how to cope with skin changes and hair loss and demonstrate how women can use makeup, wigs and other accessories to restore their self-image, confidence and sense of control. This is a free program.

Contact: 1-800-395-LOOK

Website: [www.lookgoodfeelbetter.org](http://www.lookgoodfeelbetter.org)

***First Call for Help***

Comprehensive resource file on human services, government programs, etc. They provide referrals and follow-ups.

Contact: 608- 246-4357

***United Way of Dane County***

Free confidential service offering information on non-profit health and human services.

Contact: 608- 246-4350

***Agrace Hospice Care Inc.***

A choice for compassionate care while living with a life-limiting condition.

Contact: 608- 276-4660

***Heartland Hospice***

608-819-0043

***Dane County Mental Health Center***

- General Number- 280-2700
- 24 hour Emergency Crisis Line- 608-280-2600

*Also private counseling may be available through your clergy or physician.*

***Breast Cancer Recovery Foundation***

A four-day wellness program for women with breast cancer, combining a unique mixture of healing through activities designed to restore confidence in one's body, creative arts to encourage self expression and sensitive discussions.

Contact: 608-661-4178 or 1-888-821-1140

Website: [www.bcrf.org](http://www.bcrf.org)

***A View Beyond***

Support group for women with gynecologic cancers.

Contact: Libby Caes 608-263-3592

***Instant Sisters***

Support group for women with advanced or metastatic breast cancer. Meets the 1<sup>st</sup> Tuesday of each month 11:30-1:30 - American Cancer Society

Contact: Lauren Cunningham, PhD, Facilitator 608-233-3000

***Madison Lymphoma & Leukemia Family Support Group***

Education and support for patients and their families. Monthly support group in Madison

Contact: Barbara Nehls-Lowe 608-826-1030

**Bosom Buddies**

Support group for breast cancer patients and survivors who meet to share their experiences and information. Meetings are the third Wednesday of each month.  
Contact: Cheryl Murray 244-3062 [clmurray@facstaff.wisc.edu](mailto:clmurray@facstaff.wisc.edu)

**Reach to Recovery - American Cancer Society**

One to one contact for breast cancer patients to speak with a survivor and help in making informed decisions.  
Contact: American Cancer Society 1-800-ACS-2345

**Hope Chest**

Women sharing their breast cancer journey with hope. Meet the 3<sup>rd</sup> Monday of every month – Stoughton Hospital (Board Room) 4-6 p.m.  
Contact: Judy 608-873-3930 or Jeanie 608-873-2306

**Wisconsin Multiple Myeloma Support Group**

An opportunity for multiple myeloma patients and their loved ones to come together to exchange information, for mutual support, comfort and friendship. Meet the 3<sup>rd</sup> Tuesday of every month from 3:30 pm-5:30 pm 635 Science Drive, Madison WI  
Contact: Jayne Schwartz 608-244-2120

**Y-ME Men's Hotline**

To talk with a male volunteer whose significant other has gone through breast cancer treatment. Call Monday through Friday, 9 a.m. to 5 p.m. EST.  
Contact: 1-800-221-2141

**Oral and Head and Neck Cancer Support**

Support via Internet or mail. For more information call or visit website.  
Contact: 516-759-5333  
Website: [www.spohnc.org](http://www.spohnc.org)

**Laryngectomy Group**

Group meets to provide support and education. Free.  
Contact: Don Helt 608-849-5387 or Jim Van Epps 608-742-3876

**Man to Man**

Prostate cancer support group - meets monthly. For men to learn about prostate cancer diagnosis and treatment options – as well as coping and everyday living.  
Contact: Randy Sproule 608-438-9143

**Wisconsin Smoking Cessation Assistance (Quit Line)**

1-877-270-STOP

### ***Colorectal Cancer Coalition***

Free of charge answer line designed to help patients and caregivers learn more about colorectal cancer research, screening, diagnoses, treatment options and supportive care information

Contact: 1-877-427-2111

Website: [www.FightColorectalCancer.org](http://www.FightColorectalCancer.org)

### ***The Center for Patient Partnerships***

Serves patients and families with life threatening and serious chronic illnesses. Patient advocates work with patients to help them make more informed medical decisions, access care and find support.

Contact: 1-608-890-0321

Website: <http://www.patientpartnerships.org/>

### ***Madison Area Brain Tumor Support Group***

All brain tumor survivors and their family or support persons are invited to share their experiences in an effort to provide a supportive and educational experience. Meetings take place at UW Hospital

Contact: 1-608-265-1192

### ***Young Women's Cancer Support Group***

Support group for young women dealing with the emotional and physical challenges that are faced with a cancer diagnosis at a young age.

Contact: 1-608-263-8521

Email: [mick@spwl.net](mailto:mick@spwl.net)

### ***University of Wisconsin Lung Cancer Support Group***

Twice monthly support group for people with lung cancer, their families and friends. Meets on the second and fourth Wednesdays of each month from 10:00 a.m.-12:00 noon at UW Hospital K4/618.

Contact: 1-608-262-7515

### ***The Pregnant with Cancer Network***

A national organization created to offer hope and support to women who are diagnosed with cancer while pregnant. The group can match a new patient with a woman once given a similar diagnosis that can lend support, share her experience, and offer hope.

Website: <http://www.pregnantwithcancer.org/>

### ***Pancreatic Cancer Action Network***

PALS-877-272-6226

[pals@pancan.org](mailto:pals@pancan.org)

### ***TEAM Survivor***

Local TEAM Survivor organizations provide exercise and health education programs to women that have been affected by cancer

Website: [www.teamsurvivor.org](http://www.teamsurvivor.org)

Email: [info@teamsurvivor.org](mailto:info@teamsurvivor.org)

### **Meal Services:**

#### **Mobile Meals:**

Meals on Wheels – 608-276-7598

Meals on Wheels (Evening) - 608-204-0923

#### **Grocery Delivery:**

Capitol Center Food – 608-255-2616

Knoche Food Center - 608-233-1410

Sentry on the Go – 608-663-6363

Kalscheur's Fine Food – 608-437-3081

Burbach's Market - 608-846-5411

#### **Free Meal Sites:**

Rescue Mission – 608-241-1522

Salvation Army – 608-256-2321

Will-Mar Neighborhood Center – 608-257-4576

### **Transportation Services:**

#### ***Road to Recovery:***

Statewide American Cancer Society program, volunteers provide transportation to appointments.

Contact: 608-833-4555

#### **RSVP**

Volunteers provide transportation to medical appointments for patients over 60

Contact: 608-441-7898

#### ***Metro-Plus***

Madison Metro provides transportation to those unable to utilize public transportation.

Written application required.

Contact: 608- 267-8787

#### ***Private Transportation Services***

The following companies provide door-to-door non-emergency medical transportation.

Wheelchair transportation is available.

- Meister's Transport – 608-240-0353
- Care Van Service – 608-437-8989
- LAIDLAW Transit Services – 608-223-0610
- Transit Solutions – 608-294-8747
- We Care Transportation – 608-838-8589

*Check with your church or community groups, some of these also have programs.*

## **Financial Services:**

### ***Community Care Program***

Dean Clinic program providing assistance for those unable to pay for physician-related health care services.

Contact: 608-283-7007

### ***Dane County Human Services***

Provides medical assistance, food stamps, aid to families with dependent children, and home care funding.

- East Madison, Monona, Middleton 242-7400
- Stoughton 608-873-5636
- Sun Prairie, DeForest, Windsor, Cottage Grove, Marshall & Bristol 608-837-7380

### ***Badger Care Plus-Core Plan***

Health Care for Adults with no dependent children.

Contact: 608-266-1865

### ***Social Security Administration***

Financial assistance for elderly or handicapped individuals.

Contact: 1-800-772-1213 1-800-633-4227 – Medicare

### ***Veterans Service Officer***

Information on assistance for veterans.

Contact: 608-266-4158

### ***Golden Care***

Free personal and confidential assistance concerning health insurance and Medicare.

Contact: 608-258-5995

### ***Senior Resources***

To provide the most accurate and comprehensive online information on services available to older adults in the State of Wisconsin.

Contact: 1-262-253-0901

Website: [www.seniorresourcesonline.com](http://www.seniorresourcesonline.com)

## **Prosthetics Resources**

### ***Specialty Catalog:***

Jodee, post mastectomy fashions at J.C. Penney

Contact: 1-800-222-6161 (for free catalog)

### ***Home Health United***

4639 Hammersley Road.

Contact: 608-276-3420 or 1-800-660-3420 for an appointment

### ***Professional Garment Center, Madison, WI***

2710 Marshall Ct. Hours: Monday through Friday, 9 a.m. to 4 p.m., evenings and Saturdays by appointment.

Contact: 608-231-1711

## **Sperm Banking Services**

### ***Wisconsin Fertility Institute***

3146 Deming Way

Middleton, WI 53562

Contact: 608-824-0075

Website: [www.wisconsinfertility.com](http://www.wisconsinfertility.com)

### **Live:On**

Sperm banking by mail for cancer patients.

[www.liveonkit.com](http://www.liveonkit.com)

[www.fertilehope.org](http://www.fertilehope.org)

## **Medication Disposal**

Safe disposal of unwanted and unused prescription and nonprescription medication. Additional information and dates at [www.MedDropDane.org](http://www.MedDropDane.org)

## **Links To County Resources Websites**

### **Adams County:**

<http://www.co.adams.wi.gov/Departments/HealthHumanServices/tabid/75/Default.aspx>

### **Dodge County:**

<http://www.high-expectations.org/resourceguide.pdf>

### **Fond Du Lac County:**

[https://www.fonddulac.assistguide.net/site/371/resource\\_directory.aspx](https://www.fonddulac.assistguide.net/site/371/resource_directory.aspx)

### **Green County:**

<http://www.adrcgreencounty.org/>

### **Iowa County:**

[www.iowacounty.org/COA/qi-aging.html](http://www.iowacounty.org/COA/qi-aging.html)

### **Jefferson County:**

[http://www.jeffersoncountywi.gov/jc/public/jchome.php?page\\_id=536](http://www.jeffersoncountywi.gov/jc/public/jchome.php?page_id=536)

### **Juneau County:**

<http://165.189.60.75/docview.asp?docid=3111&locid=151>

### **Richland County:**

<http://www.co.richland.wi.us/contactinfo.html>

### **Rock County:**

<http://swwdb.org/PDFs/Job%20Seeker/Rock%20County%20Community%20Resource%20Guide.pdf>

## **WEBSITES**

Dean Clinic and Dean Health Plan

[www.deancare.com](http://www.deancare.com)

Dean Pharmacy

[www.deancare.com/pharmacy](http://www.deancare.com/pharmacy)

St. Mary's Hospital

[www.stmarysmadison.com](http://www.stmarysmadison.com)

American Cancer Society

[www.cancer.org](http://www.cancer.org)

Chemotherapy Info

[www.chemocare.com](http://www.chemocare.com)

Cancer Information Service of the National Cancer Institute

<http://cis.nci.nih.gov/contact/contact.html>

People Living with Cancer

[www.cancer.org](http://www.cancer.org)

National Cancer Institute

[www.cancer.gov](http://www.cancer.gov)

The Brain Tumor Society

[www.tbts.org](http://www.tbts.org)

National Coalition for Cancer Survivorship

[www.canceradvocacy.org](http://www.canceradvocacy.org)

CDC: Center for Disease Control

[www.cdc.gov](http://www.cdc.gov)

Susan G. Komen Breast Cancer Foundation

[www.komen.org](http://www.komen.org)

Pancreatic Cancer Network

[www.pancan.org](http://www.pancan.org)

Breast Cancer

[www.breastcancer.org](http://www.breastcancer.org)

Medline Plus

[www.medlineplus.com](http://www.medlineplus.com)

Esophageal Cancer Association

[www.ecaware.org](http://www.ecaware.org)

Lance Armstrong Foundation

[www.livestrong.org](http://www.livestrong.org)

American Lung Association

[www.lungusa.org](http://www.lungusa.org)

Leukemia and Lymphoma Society

[www.LLS.org](http://www.LLS.org)

Lung Cancer Support

[www.lchelp.org](http://www.lchelp.org)

Breast Cancer Recovery Foundation

[www.bcrf.org](http://www.bcrf.org)

Melanoma Research Foundation

[www.melanoma.org](http://www.melanoma.org)

Colorectal Cancer Information

[www.colorectalcancerinfo.org](http://www.colorectalcancerinfo.org)

Colon Cancer Alliance

[www.ccalliance.org](http://www.ccalliance.org)

Prostate Cancer Foundation

[www.prostatecancerfoundation.org](http://www.prostatecancerfoundation.org)

Stomach Cancer (ACS)

[www.cancer.org](http://www.cancer.org)

Oncolink (University of Pennsylvania Cancer Center Resource)

[www.oncolink.upenn.edu](http://www.oncolink.upenn.edu)

Head & Neck Cancer

[www.spohnc.org](http://www.spohnc.org)

Food, Nutrition & Exercise (US Dept of Agriculture)

[www.nutrition.gov](http://www.nutrition.gov)

Dietary Information

[www.cancerRD.com](http://www.cancerRD.com)

Clinical Trials

[www.clinicaltrials.gov](http://www.clinicaltrials.gov)

Women with increased risk of cancer due to family history/genetic status

[www.facingourrisk.org](http://www.facingourrisk.org)

Emmi

<http://www.deancare.com/wellness/emmi/>

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