DeanHealthPlan
A member of SSM Health
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October 11, 2021

Dear FEHB Dean Health Plan Member:

Thank you for choosing Dean health Plan, a member of SSM Health, as your health care partner. Dean Health Plan believes that health insurance is about more than helping people when they're sick. That's essential, but so is helping people remain well! That's why we work so hard at prevention and enhancing your overall well-being. When you choose Dean, you benefit from having insurance that's integrated with your medical care. It's a different kind of care model that combines providers and coverage to better care for you.

Federal Benefits Open Season begins Monday, November 8th and ends Monday, December 13th. The annual Federal Benefits Open Season gives Federal employees, retirees and other eligible individuals the opportunity to review their FEHB plan options, make changes and enroll for the upcoming benefit year that begins January 1, 2022.

What's New for 2022

SSM Health St. Mary's Hospital – Madison has been verified as a Level II Trauma Center by the American College of Surgeons. This achievement recognizes SSM Health's dedication to providing exceptional care to patients, including those most critically injured.

As a Level II Trauma Center, St. Mary's Hospital has the resources and staff to care for patients with serious life or limb-threatening injuries. Services include 24/7 access to:

- In-house coverage by the trauma team, including a trauma surgeon and advanced practice provider
- OB high-risk coverage, including a high-risk NICU
- On-call neurosurgeons, orthopedic traumatologists, cardiothoracic surgeons, interventional radiologists, oral and maxillofacial surgeons and other specialty surgeons and physicians
- On-site anesthesia providers, trauma-trained surgical services team with a dedicated trauma operating room
- Expanded Emergency Department capabilities with state-of-the-art trauma bays
- Social work coverage

SSM Health Express Virtual Care – Health Care that Fits your Life

SSM Health Express Virtual Care now offers two convenient virtual options to access care on your time. SSM Health Express Virtual Care offers online assessment and treatment for a wide range of conditions, from minor illnesses and injuries to urgent needs. Common conditions treated:

• Abrasions and contusions • Allergies • Cold, cough, flu • Diaper rash	• Head lice • Heartburn • Minor aches, pains, infections • Minor sprains and strains	• Rashes and minor bumps • Sinus infection • Skin conditions – insect stings and bites • Urinary Tract Infections (UTI)

SSM Health Express Virtual Care is available to anyone – whether you're an established SSM Health patient or seeing us for the first time, we've got you covered. Choose the option that's right for you.

Video Visit – For urgent needs, use video visits to be quickly connected with an expert SSM Health Provider (PCP copay applies).

e-Visit – Connect with an e-visit for minor medical needs. Complete a simple online form and an SSM Health provider will follow up electronically with a treatment plan ($0 copay).

Visit ssmhealth.com/access/express-virtual-care for more information.

Changes to High, Standard and Basic Options for 2022

- Infertility Services will no longer include coverage for artificial insemination:
    - Intravaginal insemination (IVI)
    - Intracervical insemination (ICI)
    - Intrauterine insemination (IUI
- Gender Reassignment Surgery will include the following surgeries, in addition to the existing surgeries already covered:
    - For female to male surgery: Breast Reduction, Nipple – Areola Reconstruction, Metoidioplasty, Phalloplasty, Urethroplasty/Urethromeatoplasty, Scrotoplasty. Placement of Testicular and Penile (erectile) Prosthesis
    - For male to female surgery: Breast Augmentation Mammoplasty and Implants, Repair of Introitus, Coloproctostomy, Vaginoplasty, Colovaginoplasty, Clitoroplasty, Labiaplasty
- Palliative Care being added with no member cost-share. Palliative care is specialized medical care ordered by a palliative care provider for people living with an advanced life-limiting illness, focused on providing relief from the symptoms and stress of the illness.
- Diagnosis specific requirements for cardiac and pulmonary rehabilitation services have been removed.

Staying Well

Dean Health Plan, in partnership with WebMD, offers a variety of health and wellness offerings available in both English and Spanish.

Health and Wellness Tools & Resources

- **Daily Habits:** Select a goal or habit you want to start or improve and hold yourself accountable with a Daily Habit plan that offers tips and tricks along the way. Some things you can track include social connectedness, better sleep and back health.
- **Mental Health podcasts:** Learn about topics ranging from financial wellness to mental health.
- **Sync your device:** Check out the device connection center to sync your apps and devices.
- **Health Trackers:** Various trackers for sleep, steps walk, blood pressure, etc.

Wellness Events Calendar

Access live monthly webinars, book club discussions and more that cover the eight dimensions of well-being, held virtually for you to attend from anywhere.

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More Ways to Access Mental Health

If you or someone you know is struggling, you are not alone. Dean Health Plan offers many supports, services and treatment options within our network. Visit deancare.com/wellness/behavioral-health for additional information.

Telemedicine continues to grow every day and more specialties are finding ways to provide virtual options for patients. Find out what telepsychiatry means and how it works. You can find an in-network provider at deancare.com/doctors.

Learn more about Dean Health Plan telepsychiatry at deancare.com/news/what-is-telepsychiatry.

Stay Up-to-Date on Provider Information

To find the right doctor for you, our easy-to-use online Provider Directory displays the in-network provider or location nearest to you when searching by ZIP code.

You can find our most up-to-date listing of providers online at deancare.com/doctors. Follow the simple steps below to search for a provider or hospital and look up contact information.

1. Go to deancare.com/doctors.
2. Under "Select Your Plan" select the following:
    - For the High or Standard Options select **Commercial HMO/POS Insurance (Group or Individual Coverage).**
    - For the Basic Option select **DEAN FOCUS**.
3. Search by specialty, name, location, ZIP code, gender and/or language.

You can also find a printable provider directory from this same location by scrolling to the bottom of the web page to "Printable Directories" and selecting one of the following:

- "Group or Individual Coverage" for the High and Standard Options.
- "Dean Focus" for the Basic Option.

Affordable Care Act (ACA) Summary of Benefits and Coverage (SBC) - Availability of Summary Health Information

The Federal Employees Health Benefits (FEHB) Program offers numerous health benefits plans and coverage options. To help you make an informed choice, Dean Health Plan offers a Summary of Benefits and Coverage (SBC) document that explains each of its health coverage options. The SBC summarizes important information in a standard format to help you compare across options.

This plan's SBCs are available at deancare.com/federalemployee. A free paper copy is also available by calling our Customer Care Center at 800-279-1301 (TTY: 711).

Please visit opm.gov/healthcare-insurance/healthcare for more information about plans available under the FEHB Program.

2022 FEHB Program Brochures

Your 2022 FEHB program brochures will be available on deancare.com/federalemployee before the start of your open enrollment season that begins on November 8, 2021. Hard paper copies may be obtained by calling our Customer Care Center at 800-279-1301 (TTY: 711).

2022 Rate Tables

- Effective in 2022, premium rates are the same for Non-Postal and Postal employees.
- Your share of the premium rate will increase for Self Only, Self Plus One and Self & Family under the High and Standard Option plans.
- Your share of the premium rate will remain the same for Self Only, Self Plus One and Self & Family under the Basic Option plan.

Type of Enrollment	Enrollment Code	Premium Rate			
		Biweekly		Monthly	
		Gov't Share	Your Share	Gov't Share	Your Share
Wisconsin					
High Option Self Only	WD1	$244.86	$348.02	$530.53	$754.04
High Option Self Plus One	WD3	$524.63	$720.42	$1,136.70	$1,560.91
High Option Self and Family	WD2	$574.13	$789.50	$1,243.95	$1,710.58
Standard Option Self Only	WD4	$244.86	$83.95	$530.53	$181.89
Standard Option Self Plus One	WD6	$524.63	$198.75	$1,136.70	$430.62
Standard Option Self and Family	WD5	$574.13	$215.01	$1,243.95	$465.85

Type of Enrollment	Enrollment Code	Premium Rate			
		Biweekly		Monthly	
		Gov't Share	Your Share	Gov't Share	Your Share
Wisconsin					
Basic Option Self Only	AG1	$157.52	$52.51	$341.30	$113.77
Basic Option Self Plus One	AG3	$330.80	$110.26	$716.72	$238.91
Basic Option Self and Family	AG2	$354.43	$118.14	$767.93	$255.97

We are here for you if you have questions about your benefit coverage, provider network and/or plan options.

We will continue to provide you with the tools and resources you need to help you better understand these benefits. Visit both the Dean Health Plan (deancare.com/federalemployee) and OPM (opm.gov/healthcare-insurance/healthcare) websites for the latest information on your benefits, options and any plan changes for 2022. Our Customer Care Center is also available to answer any questions by calling 800-279-1301 (TTY: 711).

Thank you for entrusting your good health to Dean Health Plan.

Sincerely,

Dean Health Plan
1277 Deming Way
Madison, WI 53717

"This is a summary [or brief description] of the features of the Dean Health Plan options. Before making a final decision, please read the Plan's Federal Brochures (RI 73-189 – High & Standard Options or RI 73-192 – Basic Option). All benefits are subject to the definitions, limitations, and exclusions set forth in the Federal brochure."

If you (and/or your dependents) have Medicare or will become eligible for Medicare in the next 12 months, a Federal law gives you more choices about your prescription drug coverage. Please see the enclosed notice for more detail.